



Think & write about your journey.

Think about what you have been thinking about! Write about what you thought about when you were thinking about what you were thinking about!!!

* Now rest.

Repeat this process regularly.

HOW TO REFLECT –

Ask yourself some questions:

1. What is working well in the project?
2. How can my work be improved?
3. What am I doing a great job of?
4. Where have I gone wrong?



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5. When have I slipped up?
 6. How can I improve?
 7. What is our team vibe like?
 8. Is each person in our team doing what they are good at?
 9. Should we change some things? If so, what should we change?
 10. How can I personally help other members of my team to perform better?
 11. Why is this project not complete yet?! And what do we have to do to get there!?

NZ Tech Curriculum Links -
*Information to **Evaluate - Reflect** on the project*

[Characteristics of technology](#)

[Outcome development and evaluation](#)